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BIOMED REALTY TRUST ANNOUNCES TAX TREATMENT OF 2009 DISTRIBUTIONS

SAN DIEGO, Calif. – **January 15, 2010** – BioMed Realty Trust, Inc. (NYSE:BMR) today announced the tax treatment of its 2009 distributions as follows:

Security Description: Common Stock CUSIP: 09063H107 Ticker Symbol: BMR

Record Date	Payable Date	Total Distribution Per Share	Allocable to 2009	Taxable Ordinary Dividend	Return of Capital	Long-Term Capital Gain	Unrecaptured Section 1250 Gain
12/31/2008	1/15/2009	\$0.335000	\$0.335000	\$0.169216	\$0.165784	\$0.000000	\$0.000000
3/31/2009	4/15/2009	\$0.335000	\$0.335000	\$0.169216	\$0.165784	\$0.000000	\$0.000000
6/30/2009	7/15/2009	\$0.110000	\$0.110000	\$0.055564	\$0.054436	\$0.000000	\$0.000000
9/30/2009	10/15/2009	\$0.110000	\$0.110000	\$0.055564	\$0.054436	\$0.000000	\$0.000000
Totals		\$0.890000	\$0.890000	\$0.449560	\$0.440440	\$0.000000	\$0.000000

Security Description: 7.375% Series A Cumulative Redeemable Preferred Stock CUSIP: 09063H206

Ticker Symbol: BMR PR A

Record Date	Payable Date	Total Distribution Per Share	Allocable to 2009	Taxable Ordinary Dividend	Return of Capital	Long-Term Capital Gain	Unrecaptured Section 1250 Gain
12/31/2008	1/15/2009	\$0.460940	\$0.460940	\$0.460940	\$0.000000	\$0.000000	\$0.000000
3/31/2009	4/15/2009	\$0.460940	\$0.460940	\$0.460940	\$0.000000	\$0.000000	\$0.000000
6/30/2009	7/15/2009	\$0.460940	\$0.460940	\$0.460940	\$0.000000	\$0.000000	\$0.000000
9/30/2009	10/15/2009	\$0.460940	\$0.460940	\$0.460940	\$0.000000	\$0.000000	\$0.000000
Totals		\$1.843760	\$1.843760	\$1.843760	\$0.000000	\$0.000000	\$0.000000

The distributions payable on January 15, 2010 to shareholders of record on December 31, 2009, as previously announced on December 15, 2009, are considered 2010 distributions for federal income tax purposes.

The company did not incur any foreign taxes during 2009. Stockholders are encouraged to consult with their personal tax advisors as to their specific tax treatment of BioMed Realty Trust distributions.

About BioMed Realty Trust

BioMed Realty Trust, Inc. is a real estate investment trust (REIT) focused on Providing Real Estate to the Life Science Industry®. The company's tenants primarily include biotechnology and pharmaceutical companies, scientific research institutions, government agencies and other entities involved in the life science industry. BioMed owns or has interests in 69 properties, representing 114 buildings with approximately 10.5 million rentable square feet. The company's properties are located predominantly in the major U.S. life science markets of Boston, San Diego, San Francisco, Seattle, Maryland, Pennsylvania and New York/New Jersey, which have well-established reputations as centers for scientific research. Additional information is available at www.biomedrealty.com.

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