



BIO MED REALTY TRUST, INC.

Real Estate for the Life Science Industry®

CONTACT: Rick Howe
Director, Corporate Communications
(858) 207 – 5859

BIOMED REALTY TRUST ANNOUNCES TAX TREATMENT OF 2010 DISTRIBUTIONS

SAN DIEGO, Calif. – January 19, 2011 – BioMed Realty Trust, Inc. (NYSE:BMR) today announced the tax treatment of its 2010 distributions as follows:

Security Description: Common Stock
CUSIP: 09063H107
Ticker Symbol: BMR

| Record Date | Payable Date | Total Distribution Per Share | Allocable to 2010 | Taxable Ordinary Dividend | Return of Capital | Long-Term Capital Gain | Unrecaptured Section 1250 Gain |
|-------------|--------------|------------------------------|-------------------|---------------------------|-------------------|------------------------|--------------------------------|
| 12/31/2009 | 1/15/2010 | \$0.140000 | \$0.140000 | \$0.090527 | \$0.049473 | \$0.000000 | \$0.000000 |
| 3/31/2010 | 4/15/2010 | \$0.140000 | \$0.140000 | \$0.090527 | \$0.049473 | \$0.000000 | \$0.000000 |
| 6/30/2010 | 7/15/2010 | \$0.150000 | \$0.150000 | \$0.096994 | \$0.053006 | \$0.000000 | \$0.000000 |
| 9/30/2010 | 10/15/2010 | \$0.170000 | \$0.170000 | \$0.109926 | \$0.060074 | \$0.000000 | \$0.000000 |
| Totals | | \$0.600000 | \$0.600000 | \$0.387974 | \$0.212026 | \$0.000000 | \$0.000000 |

Security Description: 7.375% Series A Cumulative Redeemable Preferred Stock
CUSIP: 09063H206
Ticker Symbol: BMR PR A

| Record Date | Payable Date | Total Distribution Per Share | Allocable to 2010 | Taxable Ordinary Dividend | Return of Capital | Long-Term Capital Gain | Unrecaptured Section 1250 Gain |
|-------------|--------------|------------------------------|-------------------|---------------------------|-------------------|------------------------|--------------------------------|
| 12/31/2009 | 1/15/2010 | \$0.460940 | \$0.460940 | \$0.460940 | \$0.000000 | \$0.000000 | \$0.000000 |
| 3/31/2010 | 4/15/2010 | \$0.460940 | \$0.460940 | \$0.460940 | \$0.000000 | \$0.000000 | \$0.000000 |
| 6/30/2010 | 7/15/2010 | \$0.460940 | \$0.460940 | \$0.460940 | \$0.000000 | \$0.000000 | \$0.000000 |
| 9/30/2010 | 10/15/2010 | \$0.460940 | \$0.460940 | \$0.460940 | \$0.000000 | \$0.000000 | \$0.000000 |
| Totals | | \$1.843760 | \$1.843760 | \$1.843760 | \$0.000000 | \$0.000000 | \$0.000000 |

The distributions payable on January 17, 2011 to shareholders of record on December 31, 2010, as previously announced on December 15, 2010, are considered 2011 distributions for federal income tax purposes.

The company did not incur any foreign taxes during 2010. Stockholders are encouraged to consult with their personal tax advisors as to their specific tax treatment of BioMed Realty Trust distributions.

About BioMed Realty Trust

BioMed Realty Trust, Inc. is a real estate investment trust (REIT) focused on Providing Real Estate to the Life Science Industry®. The company's tenants primarily include biotechnology and pharmaceutical companies, scientific research institutions, government agencies and other entities involved in the life science industry. BioMed owns or has interests in 85 properties, representing 147 buildings with approximately 12.2 million rentable square feet. The company's properties are located predominantly in the major U.S. life science markets of Boston, San Diego, San Francisco, Seattle, Maryland, Pennsylvania and New York/New Jersey, which have well-established reputations as centers for scientific research. Additional information is available at www.biomedrealty.com.

#